

Indoor Triathlon Results
March 6, 2011
Farmington Valley YMCA

Men: By Age Group

Place	Race #	Gender	Age Grp	Swim Laps	Swim Points	Bike Distance	Bike Points	Run Distance	Run Points	Total Points
M35-39										
1	215	M	M35-39	36	100.00	7.75	100.00	2.5	100.00	300.00
M40-44										
1	216	M	M40-44	54	100.00	8.15	100.00	2.46	85.42	285.42
1	221	M	M40-44	44	81.48	8.03	98.53	2.88	100.00	280.01
2	218	M	M40-44	37	68.52	7.90	96.93	0.7	24.31	189.76
3	219	M	M40-44	25	46.30	5.99	73.50	1.87	64.93	184.72
M45-49										
1	224	M	M45-49	61	95.31	8.19	100.00	3.2	100.00	295.31
2	223	M	M45-49	64	100.00	7.57	92.43	3.03	94.69	287.12
M50-54										
1	225	M	M50-54	53	100.00	8.81	100.00	2.84	100.00	300.00
M55-59										
1	226	M	M55-59	51	100.00	8.39	100.00	2.32	100.00	300.00
M65-69										
1	217	M	M65-69	31	100.00	6.66	100.00	1.41	100.00	300.00
Overall Men										
Place	Race #	Gender	Age Grp	Swim Laps	Swim Points	Bike Distance	Bike Points	Run Distance	Run Points	Total Points
1	224	M	M45-49	61	95.31	8.19	92.96	3.2	100.00	288.28
2	223	M	M45-49	64	100.00	7.57	85.93	3.03	94.69	280.61
3	225	M	M50-54	53	82.81	8.81	100.00	2.84	88.75	271.56
4	216	M	M40-44	54	84.38	8.15	92.51	2.46	76.88	253.76
5	221	M	M40-44	44	68.75	8.03	91.15	2.88	90.00	249.90
6	226	M	M55-59	51	79.69	8.39	95.23	2.32	72.50	247.42
7	215	M	M35-39	36	56.25	7.75	87.97	2.5	78.13	222.34
8	218	M	M40-44	37	57.81	7.90	89.67	0.7	21.88	169.36
9	217	M	M65-69	31	48.44	6.66	75.60	1.41	44.06	168.10
10	219	M	M40-44	25	39.06	5.99	67.99	1.87	58.44	165.49

Women: By Age Group

Place	Race #	Gender	Age Grp	Swim Laps	Swim Points	Bike Distance	Bike Points	Run Distance	Run Points	Total Points
F14-19										
1	569	F	F14-19	47	100.00	7.62	80.81	2.32	100.00	280.81
2	563	F	F14-19	25	53.19	9.43	100.00	1.57	67.67	220.86
3	564	F	F14-19	29	61.70	7.54	79.96	1.74	75.00	216.66
4	566	F	F14-19	21	44.68	5.26	55.78	0.9	38.79	139.25
F20-24										
1	102	F	F20-24	57	100.00	7.50	97.40	2.27	97.01	294.41
2	336	F	F20-24	37	64.91	7.70	100.00	2.34	100.00	264.91
3	110	F	F20-24	23	40.35	7.31	94.94	1.25	53.42	188.70
F25-29										
1	113	F	F25-29	39	100.00	8.24	96.94	3	100.00	296.94
2	105	F	F25-29	32	82.05	8.50	100.00	2.49	83.00	265.05
3	341	F	F25-29	36	92.31	7.48	88.00	1.79	59.67	239.97
F30-34										
1	333	F	F30-34	55	100.00	8.30	93.15	2.65	92.98	286.14
2	453	F	F30-34	47	85.45	8.91	100.00	2.29	80.35	265.81
3	443	F	F30-34	54	98.18	7.25	81.37	2.39	83.86	263.41

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4	455	F	F30-34	43	78.18	7.30	81.93	2.85	100.00	260.11
5	112	F	F30-34	42	76.36	7.39	82.94	2.35	82.46	241.76
6	558	F	F30-34	34	61.82	6.83	76.66	2.05	71.93	210.40
7	450	F	F30-34	24	43.64	6.46	72.50	1.82	63.86	180.00
F35-39										
1	109	F	F35-39	46	100.00	8.82	100.00	1.99	74.25	274.25
2	111	F	F35-39	38	82.61	7.80	88.44	2.68	100.00	271.04
3	561	F	F35-39	36	78.26	6.93	78.57	1.48	55.22	212.06
4	108	F	F35-39	29	63.04	7.01	79.48	1.6	59.70	202.22
5	331	F	F35-39	28	60.87	7.28	82.54	1.5	55.97	199.38
F40-44										
1	106	F	F40-44	37	100.00	8.74	100.00	2.04	88.70	288.70
2	101	F	F40-44	37	100.00	6.66	76.20	2.21	96.09	272.29
3	107	F	F40-44	29	78.38	7.69	87.99	2.3	100.00	266.36
4	445	F	F40-44	36	97.30	7.30	83.52	1.55	67.39	248.21
5	449	F	F40-44	28	75.68	6.59	75.40	1.82	79.13	230.21
6	567	F	F40-44	22	59.46	7.85	89.82	1.67	72.61	221.89
F45-49										
1	334	F	F45-49	56	100.00	8.12	89.33	2.31	94.29	283.61
2	451	F	F45-49	43	76.79	7.26	79.87	2.45	100.00	256.65
3	562	F	F45-49	37	66.07	9.09	100.00	1.61	65.71	231.79
4	103	F	F45-49	41	73.21	7.44	81.85	1.61	65.71	220.78
5	456	F	F45-49	30	53.57	7.31	80.42	1.69	68.98	202.97
6	446	F	F45-49	21	37.50	6.69	73.60	1.79	73.06	184.16
7	565	F	F45-49	22	39.29	6.04	66.45	1.01	41.22	146.96
F50-54										
1	329	F	F50-54	41	80.39	6.39	84.97	2.39	98.35	263.72
2	568	F	F50-54	51	100.00	6.26	83.24	1.85	76.13	259.38
3	330	F	F50-54	36	70.59	6.24	82.98	2.43	100.00	253.57
4	340	F	F50-54	42	82.35	6.05	80.45	1.5	61.73	224.53
5	557	F	F50-54	20	39.22	7.52	100.00	1.28	52.67	191.89
6	338	F	F50-54	27	52.94	5.53	73.54	1.49	61.32	187.80
7	444	F	F50-54	25	49.02	3.93	52.26	1.52	62.55	163.83
F55-59										
1	332	F	F55-59	46	100.00	7.32	100.00	2.09	98.58	298.58
2	447	F	F55-59	43	93.48	7.12	97.27	1.54	72.64	263.39
3	339	F	F55-59	27	58.70	6.78	92.62	2.12	100.00	251.32
4	104	F	F55-59	28	60.87	5.50	75.14	1.72	81.13	217.14
5	448	F	F55-59	28	60.87	5.75	78.55	1.4	66.04	205.46
F65-69										
1	337	F	F65-69	42	100.00	8.15	100.00	2.19	100.00	300.00
Overall Women										
Place	Race #	Gender	Age Grp	Swim Laps	Swim Points	Bike Distance	Bike Points	Run Distance	Run Points	Total Points
1	333	F	F30-34	55	96.49	8.30	88.02	2.65	88.33	272.84
2	334	F	F45-49	56	98.25	8.12	86.11	2.31	77.00	261.35
3	113	F	F25-29	39	68.42	8.24	87.38	3	100.00	255.80
4	102	F	F20-24	57	100.00	7.50	79.53	2.27	75.67	255.20
5	453	F	F30-34	47	82.46	8.91	94.49	2.29	76.33	253.28
6	443	F	F30-34	54	94.74	7.25	76.88	2.39	79.67	251.29
7	455	F	F30-34	43	75.44	7.30	77.41	2.85	95.00	247.85

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8	569	F	F14-19	47	82.46	7.62	80.81	2.32	77.33	240.60
9	109	F	F35-39	46	80.70	8.82	93.53	1.99	66.33	240.57
10	111	F	F35-39	38	66.67	7.80	82.71	2.68	89.33	238.71
11	451	F	F45-49	43	75.44	7.26	76.99	2.45	81.67	234.09
12	337	F	F65-69	42	73.68	8.15	86.43	2.19	73.00	233.11
13	112	F	F30-34	42	73.68	7.39	78.37	2.35	78.33	230.38
14	105	F	F25-29	32	56.14	8.50	90.14	2.49	83.00	229.28
15	332	F	F55-59	46	80.70	7.32	77.62	2.09	69.67	227.99
16	106	F	F40-44	37	64.91	8.74	92.68	2.04	68.00	225.60
17	336	F	F20-24	37	64.91	7.70	81.65	2.34	78.00	224.57
18	329	F	F50-54	41	71.93	6.39	67.76	2.39	79.67	219.36
19	568	F	F50-54	51	89.47	6.26	66.38	1.85	61.67	217.52
20	562	F	F45-49	37	64.91	9.09	96.39	1.61	53.67	214.97
21	330	F	F50-54	36	63.16	6.24	66.17	2.43	81.00	210.33
22	101	F	F40-44	37	64.91	6.66	70.63	2.21	73.67	209.20
23	107	F	F40-44	29	50.88	7.69	81.55	2.3	76.67	209.09
24	103	F	F45-49	41	71.93	7.44	78.90	1.61	53.67	204.49
25	447	F	F55-59	43	75.44	7.12	75.50	1.54	51.33	202.28
26	341	F	F25-29	36	63.16	7.48	79.32	1.79	59.67	202.15
27	558	F	F30-34	34	59.65	6.83	72.43	2.05	68.33	200.41
28	563	F	F14-19	25	43.86	9.43	100.00	1.57	52.33	196.19
29	445	F	F40-44	36	63.16	7.30	77.41	1.55	51.67	192.24
30	339	F	F55-59	27	47.37	6.78	71.90	2.12	70.67	189.93
31	564	F	F14-19	29	50.88	7.54	79.96	1.74	58.00	188.83
32	340	F	F50-54	42	73.68	6.05	64.16	1.5	50.00	187.84
33	456	F	F45-49	30	52.63	7.31	77.52	1.69	56.33	186.48
34	561	F	F35-39	36	63.16	6.93	73.49	1.48	49.33	185.98
35	449	F	F40-44	28	49.12	6.59	69.88	1.82	60.67	179.67
36	108	F	F35-39	29	50.88	7.01	74.34	1.6	53.33	178.55
37	567	F	F40-44	22	38.60	7.85	83.24	1.67	55.67	177.51
38	331	F	F35-39	28	49.12	7.28	77.20	1.5	50.00	176.32
39	450	F	F30-34	24	42.11	6.46	68.50	1.82	60.67	171.28
40	446	F	F45-49	21	36.84	6.69	70.94	1.79	59.67	167.45
41	104	F	F55-59	28	49.12	5.50	58.32	1.72	57.33	164.78
42	110	F	F20-24	23	40.35	7.31	77.52	1.25	41.67	159.54
43	557	F	F50-54	20	35.09	7.52	79.75	1.28	42.67	157.50
44	448	F	F55-59	28	49.12	5.75	60.98	1.4	46.67	156.77
45	338	F	F50-54	27	47.37	5.53	58.64	1.49	49.67	155.68
46	565	F	F45-49	22	38.60	6.04	64.05	1.01	33.67	136.31
47	444	F	F50-54	25	43.86	3.93	41.68	1.52	50.67	136.20
48	566	F	F14-19	21	36.84	5.26	55.78	0.9	30.00	122.62